



# HOMESPUN

ROSEWOOD on BROADWAY

*SMP Health System*

*Second Edition 2011*

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## **VOLUNTEERS ARE WORTH A MILLION.**

They make a real difference in the lives of our residents. Our 5 lady volunteers who do hair every Friday morning are such a treasure to the residents. They all like having their hair done and ready for the weekend. It makes them feel so good about themselves and gives them a lift for the day as it does all of us. They remember when this used to be a regular routine in their life, to go to the beauty parlor and have their hair done for those special occasions or just a regular part of their

week. The “Looking Good Ladies” as they are called are here from 7:30am till 10:00am and they are busy the whole time.

Other volunteers we have are the Medical Escorts who are called in to accompany the residents to their appointments when family members are not available. These volunteers are ready for an on call basis and even with our below zero temps in the winter they are still willing to come in and go with the residents to their appointments. So we really have to commend them for their dedication to being a volunteer.

Other volunteers come in to visit, play cards, play games and help with the activities the residents take part in. On the days we have Mass and Chapel volunteers will come in and help residents get to the services of their faith.

So you can see what a blessing our volunteers are to our residents, we can always use more volunteers. So give some thought to being a blessing to our family here at Rosewood On Broadway. If you are interested in being a volunteer you can contact Myrna Harris or Jill Freed at 277-7951.



## **WEBSITE**

You can view HOMESPUN past and current issues on our website:

[www.rosewoodonbroadway.com](http://www.rosewoodonbroadway.com)

## CHANGE IN ROOM STATUS



Effective immediately the six former Medicare/Short Stay Suites (414-419) on Prairie Heights (4<sup>th</sup> floor) at Rosewood will be returned to private rooms. As with any private room, there will be a differential or surcharge of \$14.00 per day added to the assessed case mix rate. With this change or transition there will be a period of implementation. Residents who are currently residing in a Medicare/Short Stay Suite receiving the Medicare Part A benefit, will be given the opportunity to remain in their room until their Medicare benefit is completed for their current stay. At such time, if the resident wishes to remain at Rosewood, they can elect to remain in their current room and pay the private pay differential, or be transferred to a semi-private room.

## GARDEN

We have had a beautiful summer in our gorgeous garden/patio area. But alas, the time is coming to prepare for the winter and next Spring.

Linda Thorseth, our master gardener advises us to downsize the flowers and foliage from the garden, it's becoming too thick and needs thinning. Linda is a volunteer who helps with our garden and she has a level of expertise that far surpasses what we know about plant management. The garden is a showcase for residents, families and staff; however, it needs regular maintenance.



Linda will be working with Garden Pro to conduct spraying, weeding, plant transplants and tilling. The object is to kill off a lot of the over growth, remove overgrown perennials this fall and replant in the spring. Don't be alarmed as the garden will look as it was attacked by an early frost. A plan will be developed to format a new look for the garden. In the spring, new plants will be introduced, there will be a period of time that the garden looks bare, but as summer arrives next year the garden should be in full bloom.

The goal is to have a manageable garden with the appropriate number of plants. We desire a garden that is aesthetic appealing and easy to maintain.

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### ROSEWOOD DEPARTMENT COORDINATORS

Administrator/CEO—Bruce Davidson

Director of Nursing—Renee Muhonen

Finance Director—Meldine Tang

Dietary Manager—Deb Anderson

Environmental Services Coordinator—LaVonne Olander

Case Management Coordinator—Teri Walter



# **VOLUNTEER OMBUDSMAN PROGRAM**

The North Dakota Department of Human Services is seeking volunteers for the Community Ombudsman Program. Volunteers have always been the backbone of the Long Term Care Ombudsman Programs administered under the Older Americans Act. More than 11,000 volunteers serve long-term care residents through their state's Long-Term Care Ombudsman Program.

More than three-fourths of states use volunteers to support the Long-Term Care Ombudsman Program, ensuring the rights and well-being of residents of nursing facilities, assisted living communities, board and care homes and similar facilities. Last year, more than 8,800 of these volunteers were trained and certified as long-term care ombudsmen, resolving complaints with and on behalf of residents.

Volunteer ombudsmen visit and listen to residents' concerns as well as problem-solve. Many residents of long-term care facilities sometimes have little or no contact with the outside world and some have few visitors. An ombudsman volunteer who visits regularly can make a huge difference in the quality of life of a resident. Long-term care facilities appreciate knowing there is a problem and having the opportunity to resolve the concern.

If you are interested in more information about this volunteer opportunity, you can contact Bryan Fredrickson, Regional Long Term Care Ombudsman, at 701-298-4413.

## **ROSEWOOD AUXILIARY REPORT**

Since the last Auxiliary report in the Homespun, we in the Fargo and surrounding communities have lived through some very unusual weather situations—one of the worst winters, the flood of 2011, regularly occurring storm warnings, high winds and rains that had some folks wondering if they should be building an Ark. Hardy stock that we are, we made it through and the Auxiliary had its first meeting September 1, preceding our Pie Day.



Although we didn't meet during June, July and August, we did provide pie for Pie Day courtesy of St. Mary's in June, First Lutheran in July and Holy Spirit in August. Thanks so much to the wonderful ladies who brought the pies and assisted in serving.

At our meeting last May, we allocated some memorial money to Rosewood to purchase decorative pavers for the garden. The garden is beautiful, a nice spot to relax and smell the flowers.

We look forward to another season of working to enhance life at Rosewood.

# ACTIVITIES and EVENTS AT ROSEWOOD

Our regular programming:

## CHURCH SERVICES

Chapel services – Sunday at 2pm and Wednesday at 2pm  
Chaplet of Divine Mercy – 3pm Wednesday  
Catholic Mass – Thursday at 10am  
Rosary and communion – Monday at 10am  
Bible Study – Thursday and Friday at 1pm  
Benediction and Holy Hour – 3pm  
First Lutheran Communion Service – 4<sup>th</sup> Thursday at 2pm

## BINGO

Monday, Wednesday Thursday, Friday at 5:30pm  
Tuesday and Saturday at 2pm

## COMMUNITY COUNCIL MEETING

Dakota Rose (3<sup>rd</sup> floor) last Tuesday of each month at 2pm  
Prairie Heights (4<sup>th</sup> floor) first Monday of each month at 2pm  
Prairie Rose & South Prairie (2<sup>nd</sup> floor) 2<sup>nd</sup> Thursday of each month at 2pm  
Resident and Family Update – 3<sup>rd</sup> Monday of each month at 1:45

**Rosewood Auxiliary's Pie Day Fundraiser** – 1<sup>st</sup> Thursday of the month at 1:30pm  
**Daily coffee/Social Time** – 1:30 – 3pm in the dining room

## LIVE MUSIC & ICE CREAM EVERY FRIDAY AFTERNOON AT 2PM

### September:

16<sup>th</sup> –Steve Kraushaar  
23<sup>rd</sup> –Kringen Accordion Band  
30<sup>th</sup> –Mark Miller & Amy

### October:

7<sup>th</sup> –Rock'n 60's  
14<sup>th</sup> –Leo Keifer  
21<sup>st</sup> –Steve Kraushaar  
28<sup>th</sup> –Angels of the Muse

### November:

4<sup>th</sup> –Glenn Douglas  
11<sup>th</sup> –Rock'n 60's  
18<sup>th</sup> –Leo Keifer  
25<sup>th</sup> –Glenn Douglas

### December:

2<sup>nd</sup> –Rock'n 60's  
9<sup>th</sup> –Rock'n 60's



## It is Flu shot time again...

The flu vaccine has arrived and Rosewood on Broadway will be starting to give the flu shots to our Residents after September 15<sup>th</sup>. The Clinical Support Nurses will start to obtain consents from Residents and/or Families. If you have any questions about the flu shot please do not hesitate to ask the nursing staff at Rosewood on Broadway.

Influenza (“flu”) is a contagious disease.

It is caused by the influenza virus, which can be spread by coughing, sneezing, or nasal secretions.

Anyone can get influenza. For most people, symptoms last only a few days. They include:

- fever/chills • sore throat • muscle aches • fatigue
- cough • headache • runny or stuffy nose

Other illnesses can have the same symptoms and are often mistaken for influenza.

Young children, people 65 and older, pregnant women, and people with certain health conditions – such as heart, lung or kidney disease, or a weakened immune system – can get much sicker. Flu can cause high fever and pneumonia, and make existing medical conditions worse. It can cause diarrhea and seizures in children. Each year thousands of people die from influenza and even more require hospitalization.

By getting flu vaccine you can protect yourself from influenza and may also avoid spreading influenza to others

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## FALL IS JUST AROUND THE CORNER...

The seasons are soon going to be changing. This past week we were preparing for a late summer corn feed. Everyone got into the “shucking”.



Before we know it October will be here and with it Halloween. Area children from the schools around Rosewood and children related to residents and staff members are invited to trick or treat.

Local businesses donate wrapped candy or monetary donations to purchase the candy. We are grateful for their support. On the 300 to 400 trick or treaters participate.

Residents of Rosewood are on hand to see the kids in their costumes and to hand out treats. You are invited to participate and if you would like to donate wrapped candy, bring it to the reception desk.



# HOLIDAY LIGHTS--

Dear Family and Friends,

Join us again this year at Rosewood on Broadway to honor and remember our loved ones during the holiday season. We will have a Christmas tree with special lights shining just for them.

If you have a special friend or loved one living at Rosewood or possibly one who has passed away, send us the name of the person or persons you wish to remember. A card will be placed in their room stating who the light is from.

**Magenta light: \$5**

**Red light: \$10**

**Blue light: \$15**

**Green light: \$20**

**Gold light: \$25**

Rosewood's Auxiliary uses all monies to improve the lives of the residents and the area in which they live. We furnish Fargo Forums for each floor, bingo prizes, monthly birthday cake and help wherever it is needed.

On Sunday, December 4, 2011, the Auxiliary will be serving holiday goodies and coffee between the hours of 1:30 and 2:30. There will be special music and the lighting of the tree during that time.

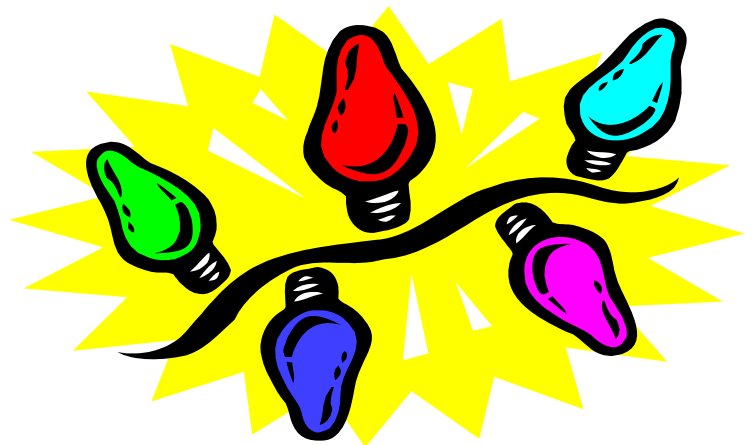
**A check for Holiday Lights can be mailed to :**  
**Rosewood on Broadway Auxiliary**  
**Holiday Lights**  
**Linda Monge, Treasurer**  
**2309 Evergreen Rd.**  
**Fargo, ND 58102**

We are looking forward to seeing those beautiful shining lights in the eyes of the residents, knowing this special project is for them.

We appreciate your wonderful support.

Sincerely,

Tammy Breuer, President  
Rosewood on Broadway Auxiliary



## THE COOKIE GIRL

Jill Freed, Resident Program Manager, is well known around Rosewood for her baking skills with residents and the “mobile oven.” Russ Hanson, Rosewood’s Poet in Residence, wrote this poem in appreciation for Jill’s work.



### “The Cookie Girl”

I love to see  
The cookie girl  
She has the sweetest smile  
And the loveliest curl.

This sweet and  
lovely girl  
Who’s name is Jill  
Shares all her cookies  
So much tastier than a pill.

We meet every week  
On a different floor  
She bakes the best coolies  
Who could ask for anything more.

Not just cookies  
But other goodies too  
That satisfies my taste  
Like they will for you.

For sugar cookies  
To rich brownie mix  
Much more tasty  
Than the candy bar “Twix”.

Russell Hanson

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## LIVING OUR MISSION *Deacon Jim Hunt*



Often those of us working in long term care facilities hear others say they don't know how we do the things that we do in our work; how we carry out our duties with compassion, love, energy and empathy. I think perhaps the answer lies in the fact that those who possess the servants heart are those who have responded to the inner movement of divine love and put it into practice in their lives and work.

The underlying truth is that God has created in all of us the capacity to give and receive love. Further, as any mother of more than one child will tell you, giving love does not diminish loves supply, but it expands it to meet the increased need. It follows then that to give love begets love; to step out of ourselves to serve the needs of another opens us to the possibility and capacity of loving more, of giving more, of serving more, and at the same time receiving more from God who is love and can not be outdone in generosity.

I thank God for the privilege of serving with so many who have the heart to do this wonderful work and I encourage those who struggle with it to step out and offer a smile and a kind word as they focus on another persons need to receive what they have to give. We always find that when we serve another in love we receive much more than we give.



Rosewood on Broadway  
1351 Broadway  
Fargo, ND 58102

### **“ROSEWOOD”**

*by Russell Hanson*

It's not just a bed and breakfast place  
But it has the best of care here too  
For people that need help in living  
Just like me and you.

The most friendly and kind people  
That love their work one can see  
I tried other places  
But this is the one for me.

Life here is never lonely  
For all the nurses' aides love their work  
Loving one's work is always better  
And for us a bonus and a perk.

These aides are so happy and so much fun  
And their work so very good  
It's like one big happy family  
Performing the way all should.

I have lived in other nursing homes  
But this one is the very best  
I love it here and enjoy every day  
And live every day with zest.