



# *HOMESPUN*

**ROSEWOOD on BROADWAY**

*SMP Health System*

*First Edition 2011*

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## **The Flood of 2011**

Prepare, train and evaluate seems to be the mantra for the flood of 2011. Preparation is always the key. When preparing for the flood, there is a vigilant effort in keeping the residents of Rosewood safe. In our preparatory phase a meeting with family members was held at Rosewood on March 30, 2011.

In the analysis of our meeting, we discovered that not everyone was able to attend based on the time of day for our meeting. It was suggested by one of the attendee's that we hold an evening meeting in addition to our afternoon meeting so that all family members have the opportunity to attend. It's a great suggestion, and as we move forward to future flood events, we will change times to meet the needs of our constituents.

As days progressed and we continued with preparation, we constantly monitored the river levels and worked closely with the City of Fargo and their Emergency Operation Center, EOC. The EOC mobilized their 24 hour operations when the flood stage reached 36 feet. As an Administrator, I know the city is well prepared and given direction by the City, we would respond accordingly. As of this writing, this is a synopsis of the planning that took place.

1. We worked with the City of Fargo Emergency Operations Center. We met weekly to gather and share information regarding updates from the City. The primary reason for meeting is in the event of an evacuation that there is a well developed plan per facility.
2. The evacuation guidelines for Rosewood are based on two principle elements:
  - a. Primary levee failure (14<sup>th</sup> Avenue near El Zagal) and a 40.8 foot river projection. Everything is predicated on strength of the levee. The higher the water, the more stress that is imposed on the dike or levee.
  - b. The 40.8 river projection is a guide for the City Engineers to evaluate and monitor if evacuation is warranted. If the dikes are in place and holding water without incident, the need for evacuation is lessened.
3. Sheltering in place is only effective if you can control access to transportation points (the ability to enter and exit the facility, get supplies in and out); sewer back up; clean water access; utility and fuel assets to maintain a facility for 5 days. As an administrator, I have the final say regarding the evacuation of Rosewood, however, if I am advised to leave by the City of Fargo based on engineer projections, I will evacuate as they are more skilled in forecasting the flood vulnerabilities than I.

4. Those facilities in Fargo identified at greatest risk from river flooding and therefore would need to evacuate first are:
  - a. Riverview Place
  - b. New Horizons Manor
  - c. Pioneer House
  - d. Elim Nursing Home
  - e. Waterford at Harwood Groves
  - f. Villa Maria
  - g. Prairie St. John's
  - h. VA
5. In reference to the 2011 flood projections, here's what we've done:
  - a. We signed Memorandums of agreements between nursing facilities to send and receive residents and signed a Transportation Agreement that the State will fund all transportation assets for sending and receiving residents in the event of a flood.
  - b. Our staff emergency notification system was updated so that in the event of an emergency, all staff members will receive the same message via phone alerting them of an emergency.
  - c. All residents within the facility were cataloged into a central data base called HC Standard. The purpose of the data base is to gather information about residents, so in the event that Rosewood is evacuated, residents will be placed in an appropriate setting.
  - d. In the event of an evacuation, all residents from Rosewood will be placed in like nursing homes or Hospital Based Swing Beds.
  - e. We've pre-planned resident transfers for our high case mix residents such as those on dialysis, Hospice, bariatric or ventilator dependent.
  - f. Resident will be triaged regarding their mobility status and they will have a triage tag to identify said status:
    1. Ambulatory
    2. Wheelchair
    3. Stretcher
  - g. As HC Standard is populated with resident placements, Rosewood can go online to see in advance where residents will be placed.

Training our staff is accomplished through constant communication. We do not routinely train for evacuation for a flood, but when the call arises, we are comfortable knowing that staff will respond accordingly. Preparedness is not a single handed event. There are many people behind the scenes that make things happen. I would like to thank the Leadership Team (Coordinators and Managers); all the departments that chipped in when we asked for help.

**Evaluation:** We thank God that the flood waters subsided quickly from the city, but we continue to pray for those still suffering from flooding. In the words of Henry Hartman, "Success always comes when preparation meets opportunity." Our definition of success: Where prayer, luck and preparation intersect. Thank God for keeping us safe.

## WEBSITE

Visit our website at [www.rosewoodonbroadway.com](http://www.rosewoodonbroadway.com)



## Easter Reflection... *Deacon Jim Hunt*



Just as through Adam and Eve, sin entered the world and with it all its effects, especially death, suffering and separation from fullness of life with God, so also life was restored by the new Adam, Jesus Christ.

The struggles of the Israelites in the Old Testament enlighten us in many areas. For example, the depth of the fall and the length of time it took for God to prepare a people for himself, to be his beloved children. His chosen people became stubborn and hard-hearted, easily distracted by the various idolatries and lifestyles of the surrounding nations and prone to countless infidelities. Instead of being the light to the nations God had called them to be, they gave in to the peer pressure of the surrounding lands and joined in their sin.

Despite the fact that the Jews were never obedient or faithful for very long periods, Sacred Scripture points to the fact that God was always faithful and that he never stopped loving, pursuing and seeking to purify his people. The Law God gave them through Moses had no power to save them, but it did give them concrete knowledge of their sin and an awareness of their need for God's mercy and redemption. It laid out for the people what it meant in the ideal to love God with their whole heart, soul, mind and strength and to love their neighbor as themselves out of love for God. The fact that the law had no power to save, points to the truth that the sin of Adam was an offence against God and therefore to be redeemed it was necessary for one who was both God and man to make atonement. The redeemer must be divine in order for the scope of that saving act to be universal in its application to mankind and the redeemer must also be human in order to endure the penalty of Adam's sin and all the successive sin of mankind because God can not suffer in his divinity.

Finally with the Incarnation of the Son of God in the womb of the Virgin Mary, the stage is set. It is through Jesus Christ, the God-man, that our redemption is at hand. He teaches us by his preaching and the example of his life what it means to live a fully human life as persons created in God's image and likeness. In his passion, death and resurrection he makes atonement for all the sin of mankind from Adam until the end of this world; by dying he destroyed our death, by rising he restores us to life in him. It is this singular event in the history of the world that makes it possible for us to live in friendship and family relationship with God. It is the cross that is the key that opens heaven that was locked against man by sin.

Finally, the outpouring of God's Holy Spirit, the fruit of Christ's redemptive act is made available and accessible to man through baptism Jesus commands in the Gospel of Matthew, Chapter 28. The life and strength, the indwelling of God is communicated to us in the waters of Baptism as he claims us for his own. It is God himself who makes it possible for us to live as children of light and not of darkness. God desires that we choose to love him and enter life with him now and forever. If he were to force us, it would not be love. Love is the key and as John related in his Gospel. It is God who first loved us.

# NEWS FROM ROSEWOOD'S AUXILIARY

I hope we can be looking forward to some warm Spring weather, it seems to be slow in coming. Weather seems to be the main topic of conversation no matter where you go. When will the water go down, how much rain will we get, when will it warm up!

Whatever the weather is, the Auxiliary members will still be service pie, ice cream and coffee on the first Thursday of each month. We continue to be thankful to the area churches who provide the pies and to the workers who help to serve and assist with Pie Day.

One of our fund raisers is the sale of dish cloths. If you are in the market for these, ask at the reception desk at Rosewood, they have information on price and purchasing.

In May we had our Annual Spring Tea for Rosewood residents and their guests. It was held during National Nursing Home week, May 8-14.

Tammy Breuer  
President—Rosewood Auxiliary

## ACTIVITIES and EVENTS AT ROSEWOOD

Our regular programming:

### CHURCH SERVICES

Chapel services – Sunday at 2pm and Wednesday at 2pm  
Chaplet of Divine Mercy – 3pm Wednesday  
Catholic Mass – Thursday at 10am  
Rosary and communion – Monday at 10am  
Bible Study – Thursday and Friday at 1pm  
Benediction and Holy Hour – 3pm  
First Lutheran Communion Service – 4<sup>th</sup> Thursday at 2pm

### BINGO

Monday, Wednesday Thursday, Friday at 5:30pm  
Tuesday and Saturday at 2pm

### COMMUNITY COUNCIL MEETING

Dakota Rose (3<sup>rd</sup> floor) last Tuesday of each month at 2pm  
Prairie Heights (4<sup>th</sup> floor) first Monday of each month at 2pm  
Prairie Rose & South Prairie (2<sup>nd</sup> floor) 2<sup>nd</sup> Thursday of each month at 2pm  
Resident and Family Update – 3<sup>rd</sup> Monday of each month at 1:45

**Rosewood Auxiliary's Pie Day Fundraiser** – 1<sup>st</sup> Thursday of the month at 1:30pm

**Daily coffee/Social Time** – 1:30 – 3pm in the dining room

### LIVE MUSIC & ICE CREAM EVERY FRIDAY AFTERNOON AT 2PM

<b>May 20</b>	Leo Keifer
27	Lisbon Gospel Trio
<b>June 3</b>	Ed DeWald
10	Rock'n 60's



## ON BEING 90...

Rosewood residents attending the 90+ Birthday Party at Bethany this year had a good time and were surprised to see all the people who were there that were over the age of 90. There were 95 in attendance but they said that was just a small number of the people in Fargo that are of that age. They enjoyed a nice snack and entertainment.

After the party some of the residents were asked about their longevity.

Questions: How do you account for your longevity and what advise would you give to the younger generation today?

**Lloyd**—go out and have a good time but keep your head on straight. This is from an old farm boy.

Live right according to what your parents told you and don't get into drinking and alcohol.

**Lucille**—good healthy upbringing, good food, good parents. She led a good clean life and didn't get into any trouble. Parents were very strict but treated her good.

As for the younger generation they need to do chores and learn responsibilities.

**Tibor**—need to do exercise, eat healthy, keep good humor. Be a good hard worker, if someone needs help be sure to help them. Look after yourself as much as you can. He was still dancing at 80 to keep young. He loved sports and played soccer where a lot of people knew his name. Don't waste a minute of your life.

For the young people educate yourselves in college and get a masters degree. College is not enough. Eat well, exercise and keep good morals. Enjoy partying and music.

**Luella**—When she was young there was no money and she worked on a poor farm, where people were taken when they could not take care of themselves. She did cooking, cleaning and helping people eat who could not feed themselves. After she married she worked on the potato farm, running the beet machine, potato machine and cut up potatoes for planting. They didn't have any money and didn't think anything of it. Do not be afraid of working hard. One thing she tells everyone is to be sure and put Johnson Baby Oil on your knees every night (be sure it is Johnson). She contributes this to being able to walk so good at her age.

As for young people, work hard and do whatever you can to make a good life for yourself.

# Rainbow Square Clients and College Students Go to the Maps!

Rainbow is abuzz with the excitement of world and national geography. Our renewed interest in locations on maps started after the earthquake in Japan. We are fortunate to have NDSU students from around the world share the history of their birth countries. India, Nepal, Denmark and Jamaica are a few of the countries we have marked with colored pins.

Clients, staff and resident mark their place of birth on the USA map. Where in North Dakota is Pretty Rock? Walter will be glad to answer that question. Birth places are but the starting piece for the patch work quilt that makes up the life stories of clients and visitors.

North Dakota, South Dakota and Minnesota have the most pins. Maine, Pennsylvania and Oklahoma are birth states for others.

Our world and national map would not be complete without thanking client veterans who served in World War II, Korean and Vietnam wars and shared stories with us. From them we learned the answers to these questions. What is a dog-robber? Which one of our female clients was pay-master, carried cash and a gun? Which client traveled the world singing with the Chicago symphony orchestra?

Stories from the clients including old scanned photos, maps and interviews are made into client specific DVDs by Rainbow volunteer, Mike Kennelly. Mike is gifted with the small town (St. Thomas, ND) ability to never meet a stranger. Mike's keen memory and interview skills, combined with computer savvy and ability to scan old family photos, provide client and family with an animated look at their patch work quilt of life.

The comments, praise, thanks and tributes to Rainbow Square and Mike Kennelly regarding the map/DVD project are gratifying.

From the starting point on the map through sharing life's experiences we are creating a glimpse of various patches in the quilt of life. We at Rainbow Square love maps and where they take us.

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## ROSEWOOD DEPARTMENT COORDINATORS

Administrator/CEO—Bruce Davidson

Director of Nursing—Renee Muhonen

Finance Director—Meldine Tang

Dietary Manager—Deb Anderson

Environmental Services Coordinator—LaVonne Olander

Case Management Coordinator—Teri Walter



# ADVANCE DIRECTIVES

In delivering care, it is the philosophy of **ROSEWOOD** to preserve the comfort, hygiene and dignity of each individual. As a competent adult, you have the right to control decisions about your health care. You have the right to make voluntary, informed choices to accept or to refuse treatment, service, procedures used to diagnose, treat or care for your physical or mental condition. You can expect that your health care providers and spiritual advisors will provide you with information that will help you understand the benefits, risks, burdens and alternatives with any course of treatment or care so you may make an informed choice regarding your health care. We encourage you to discuss these issues with your doctor, your family and others before a crisis arises.

There may come a time when, due to your mental or physical condition, that you may be unable to make your own health care decisions. Your health care providers will then look to any prior written advance directives, legal agent or family members to make decisions on your behalf. A determination that you are unable to make your own health care decisions must be made by a doctor.

## **Uniform Code Level Directives**

At the time of admission to Rosewood, your wishes regarding resuscitation will be reviewed with you and your doctor's order regarding your wishes placed in your medical chart. These wishes become a permanent part of your record and will be shared with any other healthcare facility you may transfer to.

## **Living Wills**

A living will permits you to decide whether you want life prolonging treatment started or continued if you are unable to communicate your wishes to your doctor or health care providers.

A living will becomes effective only when you give your doctor a copy, when you are terminally ill and death is imminent, and when you are unable to make or communicate your health care decisions. Your decision to complete a living will is personal and should be based upon your individual values and beliefs.

## **Durable Power of Attorney for Health Care**

It is also helpful for you to appoint an individual who can act on your behalf if you are not able to make decisions at the time a medical crisis occurs.

A **Durable Power of Attorney for Health Care** is a very effective tool to use. A Durable Power of Attorney for Health Care is a legal document that permits you to appoint someone else to act on your behalf to make medical decisions for you if you become incapacitated. The person you designate to act as your representative is called your agent. A durable power of attorney for health care only becomes effective when you are unable to make or communicate your health care decisions.

The words "**FOR HEALTH CARE**" distinguish a special durable power of attorney for health care decisions from other durable powers of attorney used to permit agents to conduct your business affairs. If you have questions about Advance Directives, contact Teri Walter, LSW at Rosewood.

**“Dear Lord”**

I've had my share of sorrow, sickness and accidents too.  
Yet I live on for tomorrow, cause Lord I always have you.

I've put in most my suffering time, scratched out every itch.  
Labored hard for every dime and tried most every pitch.

Walked life's trails both good and bad, seldom prayed on bended knee.  
Till my greatest sorrow left me sad, then I came back to Thee.

Life's a lesson to be learned, most the hardest way.  
That we'll get just what we earned, on our Judgment Day.

I also believe that we have won, a pass to Heaven land.  
All because of Your dear Son who now sits at Your right hand.

*Russell C. Hanson*